



# NEW EXCITING AUGUST PROGRAMS

NEWCOMERS ARE ALWAYS WELCOME

The following programs continue on an ongoing basis. However, **PLEASE** check the current calendar for any changes that may occur.

EXERCISE CLASSES 8:15 Mon., Wed., Fri. \$4 per class  
 CARD GAMES Tues., 12:00pm Bridge, Pinochle  
 KNITTING Fridays, 9:30am  
 WEAVING Fridays, No cost  
 DECORATIVE PAINTING \$6 Mondays 9:30am  
 DUPLICATE BRIDGE 12:00pm Wed. & Fri  
 WATERCOLOR PAINTING \$6 Monday, 9:30am  
 HAIR CUTS \$10 men/\$15 women Wednesday by appt.  
 HEARING MAINTENANCE OR TESTING 3rd Tuesdays  
 INTERMEDIATE BRIDGE LESSONS \$6 Tuesdays 9:30  
 WALL ST. DISCUSSION every other Tuesday, 9:30  
 LEGAL COUNSELING 3rd Fri., 1:00-3:00pm RSVP  
 MASSAGE \$50/ hour session Tues. and Thurs. by Appts.  
 PAPER CUTTING 1st Thursday \$6  
 BLOOD PRESSURE -3rd Tuesday 12-1pm  
 SEAMSTRESS—Tuesdays at 9:30. First come basis  
 SCRABBLE—Fridays 1:00pm  
 QUILTING—every other Thursday 11:00am no charge

## EUCHRE (NEW CARD GAME)

Thursdays @ 12:30pm Looking for some fun? The new Euchre group is hoping for a few more people to join them. Come with your friends or meet new friends to learn this fun card game that is easy to learn. No Charge.

## CALAMITY COOKING

Thursday, August 28 @ 9:30. Meets once a month. Limit 12. If we get enough interest we will begin another group. Laughs guaranteed. Call for info. RSVP No Charge.

## PAPER CUTTING

Thursday, August 7 @ 9:30am \$6. "Christmas in August" Make beautiful ornate mobiles using a pattern & a scissors. Come and see our display of these creations. Why not give it a try?

## INTERMEDIATE BRIDGE LESSONS

Tuesdays @ 9:30am \$6



Thursday, August 21 @ 9:30am Share pictures and remembrances

## LADIES LUNCH BUNCH

Thursday, August 21 @ 11:30. The Flying Dish Restaurant, Fairfield. Choice of sandwich meal or pizza & dessert, coffee /tea. \$20 all inclusive. Come and join old and new friends for a day out. Van available. **RSVP**

## WALLSTREET DISCUSSION GROUP

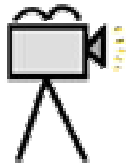
Tuesdays August 12 & 26. A fun and informative discussion group with an attempt at learning how to increase your income through investing. Cost \$1 donation.

## LEGAL COUNSELING

Friday, August 15. Free legal counsel. **RSVP**

## AMERICAN HISTORY & NOSTALGIA

Wednesday, August 6 @ 9:45am. Rescheduled. Bob Berthelson returns with "The Legacy of P.T. Barnum, The Greatest Showman on Earth."



## LATE NIGHT & BRITISH CLASSIC

Late Night Monday, August 18 "All or Nothing At All" Note that the movie will start early @ 4:00pm with dessert at Intermission.

British Classic, Monday, August 25. "These Foolish Things" 4:00pm dessert and Movie @ 4:30pm.

## ALZHEIMER'S ASSOCIATION FAMILY TRAINING

A Four Part training program for those affected by Alzheimer's disease. Given by the Alzheimer Assoc.  
 1. Thursday, August 11 @ 6:30-8:30pm. Overview of Alzheimer's Disease & Research  
 2. Thursday, August 18 @ 6:30-8:30pm. Communication Techniques / Identification of Behavioral Challenges/Strategies That Work/ A Safe Environment  
 3. Thursday, August 25 @ 6:30-8:30pm. Family Dynamics: Keeping the Caregiver Healthy/ Community Resources

4. Thursday, September 2 @ 6:30-8:30pm. Legal & Financial Issues. No Charge. **RSVP**